Monday 9th November 2026

Dear Parents and Carers,

National Anti-Bullying Week – Monday 16th November to Friday 20th November 2026

The theme for Anti-Bullying Week 2026 is **'Break the Silence.'** Throughout the week your child will be participating in many activities linked to this theme.

At Park Hill Infants we define bullying as 'the repetitive, intentional hurting of one person or group by another person or group' where the relationship involves an imbalance of power. It can happen face to face or online.' (Anti-Bullying Alliance)

The aim of the week is to help children and young people celebrate what makes them, and others, unique and that all beliefs and values should be respected. It will help them understand why it's important that every child feels included in school and feels safe to be themselves without fear of bullying. Throughout the week, the children will take part in circle time sessions and participate in role-playing scenarios, in order to think about how to treat others with kindness and respect.

On **Monday 16th November,** we will participate in **'Odd Socks Day 2026'**. Please send your child into school wearing colourful odd socks, the purpose of which will be discussed in an assembly.

Through the 'Odd Socks' theme day, we are raising money for **Anti-Bullying Alliance** who:

- *Help teachers and professionals working with children and young people to tackle bullying*
- *Offer advice for parents and carers on how to protect and support their children*
- *Influence and improve national policy on bullying*
- *Run the high-profile Anti-Bullying Week campaign in schools and communities across the country each November*

Please make donations via ParentPay (please do not send in any cash donations). The suggested donation amount is £1 per child; however, you are able to vary the amount you donate via ParentPay.

We hope that you will support and reinforce this message at home. Your support as always is appreciated.

Yours sincerely,

Miss Hulet
Inclusion Leader

Miss Jones
PSHE Leader

Honesty Respect Courage Kindness Positivity

"All Different, All Equal, All Achieving"