



Friday 13th December 2019
Class 9

Dear Parents/Carers,

Next half term, Class 9 will have swimming lessons at The Royal Russell Swimming Pool, Coombe Road, Croydon on Wednesday afternoons from 2.00pm until 2.30pm.

The sessions will take place for your child on the following dates:

8th, 22nd, 29th January and 5th and 12th February 2020
(five sessions)

TRAVEL ARRANGEMENTS

We will be travelling to the pool each week in a mini bus driven by a member of staff who is a qualified, experienced driver. There will be a 'double run' there and back to transport the children. We shall leave our school at approximately 1.20p.m. for the first run and 1.40p.m. for the second and return by approximately 3.00p.m. and 3.15p.m. respectively.

LESSONS

The classes will be taken by two qualified swimming instructors/lifeguards and there will be other lifeguards stationed around the pool. The children will also be accompanied by their class teacher and teaching assistant. We have given considerable thought to ensure the children's safety and well-being and have been impressed by the facilities and personnel which have been made available for our use.

COSTUMES AND EQUIPMENT

Girls should wear a one piece blue costume and boys should have blue swimming trunks (**not** Bermuda style shorts). Please ensure that all clothes are clearly named.

It is now compulsory for all girls to wear swimming hats to their lessons. This rule also applies to boys whose hair is long enough to fall onto their face when swimming. Blue silicone hats have been recommended, for reasons of ease, identification and comfort. It has also been recommended to us that should you wish to purchase goggles for your child, 'Zoggs' or Speedos' are the best brands. (Name tape attached!).

Earrings should be removed for the duration of the lesson. No other jewellery items are permitted. Towels should be medium sized so that children can cope effectively with them and should be wrapped around the costume and put in a named bag.

MEDICAL INFORMATION

It is no longer necessary for your child to wear a special sock if they have a verruca.

Should your child have eczema or a similar skin allergy, they can shower both before and after the lesson. Any necessary creams should be applied at home. In very severe cases arrangements, by agreement, can also be made for cream to be applied immediately before and after the lesson.

Children who suffer from asthma should have an inhaler and spacer in school, so we can take it with us, should they need medication during the lesson.

Armbands and additional floating equipment are provided, so children need not bring these with them.

Although there will be two members of school staff supervising, emphasis will be placed upon each child drying themselves. So please encourage your child to practise at home!

PAYMENT AND CONSENT

Finally, to contribute towards the costs, we need to request a voluntary donation of **£12.50** (£2.50 per visit) for each child. This should be paid on or before **Sunday 5th January 2020** via **ParentPay**. Your contribution will be put towards the cost of transport, the hire of the pool and personnel. If there are particular reasons why you are unable or unwilling to make this donation, please see a member of the Headship Team and each case will be dealt with confidentially and on an individual basis.

To reduce our paper usage, we are now taking consent via ParentPay. Prior to checkout, you will be asked to tick a box to consent to your child taking part in swimming lessons. By ticking this box, you consent to the following:

I give permission for my child to travel to The Royal Russell School, in the School minibus, for the purpose of receiving swimming instruction, on the following Wednesday afternoons – **8th, 22nd, 29th January and 5th and 12th February 2020 (five sessions)**

- I will ensure that my child arrives at school on each of the above dates with their **full swimming kit including towel** to partake in each lesson
- I understand that if, for any reason, I require my child to be exempted from a swimming lesson, this must be submitted in writing to Ms Charman, Headteacher, giving at least 24 hours prior notice.

We look forward to all children leaving this school being able to swim and feeling at ease in water.

Yours sincerely,

Ms J Charman
Headteacher