

C - CELERY

L - LUPIN

SU - SULPHITES

P - PEANUTS

N - NUTS

O – ALLERGEN FREE

### Halal Suitable

We are served by a local fruit and vegetable supplier to help our In-House catering team create freshly prepared dishes every day. Each dish we prepare has a Carbon Footprint Grading with 'A' being Low Carbon to 'E' being high.

So, as well as eating healthily, you can eat sustainably as well!!









	SUMMER MENU WEEK 1 15/04/24, 06/05/24, 03/06/24 24/06/24, 15/07/24	MONDAY	TUESDAY	ROAST WEDNESDAY	THURSDAY	FISH FRIDAY
of r	MAIN MEAT	BBQ Chicken Pizza (G,M)	Minced Lamb Biryani (0)	Roast Chicken with Mixed Herbs (0)	Moroccan Minced Lamb Tagine	Fish Fingers (G,F)
	MAIN MEAT FREE	Cheese & Tomato Pizza (G,M)	Asian Noodle Stir Fry (G,E)	Veg Sausage in a Yorkshire Pudding with Onion Gravy (G,M,S,E)	Roasted Vegetable Lasagne (G,M)	Vegetable Sausage Roll (G,M,MU)
	SIDES  Salad Bar Available  Every Day	Potato Wedges (0)	Salad Bar (O)	Roast Potatoes Cabbage & Carrots & Gravy (0)	Rice and Salad Bar (0)	Chips Peas or Beans (O)
	OVEN ROASTED JACKET POTATOES	Available daily with a choice of: Cheese (M), Beans (O) or Tuna (F,E)	Available daily with a choice of: Cheese (M), Beans (O) or Tuna (F,E)	Available daily with a choice of: Cheese (M), Beans (O) or Tuna (F,E)	Available daily with a choice of: Cheese (M), Beans (O) or Tuna (F,E)	GLUTEN FREE OPTION AVAILABLE ON REQUEST
y. A'	PUDDING  Yoghurt (M) and Fresh Fruit (O) Available Every Day  Puddings with custard (M)	Old School Cake (G,E)	Apple Crumble (G)	Fruit Platter (O)	Lemon Drizzle Slice (G,E)	Vanilla Ice Cream Pot (M)



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Fish

**Fingers** 

(G,F)

MAIN MEAT

Chicken Dhansak Curry (0)

Lamb Lasagne (G,M)

Roast Chicken with Lemon & Thyme (0)

Braised Chicken & Beef Sausages with Onion Gravy (G,S,SU)

MAIN **MEAT FREE** 

**Sweet Potato**, Chickpea & **Spinach Curry**  $(\mathbf{0})$ 

Vegan **Spaghetti Bolognese** (**G**)

**Vegetable** Wellington (**G**)

Vegan Sausages in **Onion Gravy (S)** 

**Vegetable & Bean Burrito (G)** B



Salad Bar Available Every Day

Rice & Broccoli (0)

Salad Bar (0)

**Roast Potatoes** Sweetcorn, Carrots & Gravy (0)

Mashed Potatoes (SU) and Peas (O)

Available daily

(**G**,**E**)

Chips Peas or Beans (O)

# **OVEN ROASTED** JACKET **POTATOES**

Available daily with a choice of: Cheese (M), Beans (O) or Tuna (F,E)

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Available daily with a choice of: Cheese (M), Beans (0) or

with a choice of: Cheese (M), Beans (O) or Tuna (F,E)

**GLUTEN FREE OPTION AVAILABLE** ON REQUEST

Strawberry Ice

**Cream Pot** 

## **PUDDING**

Yoghurt (M) and Fresh Fruit (O) **Available Every Day** 

Puddings with custard (M)

Homemade Flapjack (G)



Fruit Platter (0)

Tuna (F,E)



Marble Cake

**(M)** 









F - FISH

**CR - CRUSTACEANS** 

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### **SUMMER MENU** WEEK 3 29/04/24, 20/05/24 17/06/24, 08/07/24

**MONDAY** 

**TUESDAY** 

**ROAST** WEDNESDAY

**THURSDAY** 

**FISH FRIDAY** 

Fish

MAIN MEAT

Chicken Burger in a Bun (G,E,S)

Lamb Chilli Con Carne Roast BBQ Chicken (0)

Chicken **Chow Mein** (G,E,S)

**Fingers** (G,F)

# MAIN **MEAT FREE**

**Spicy Veggie Bean Burger** (G)

Roasted Vegetable Lasagne (G,M)

Pasta in a **Tomato** & Basil Sauce (**G**)

Mac & Cheese (G,M,MU)

**Tomato and** Spinach **Pinwheel** В (G,M)

Cheese,



Salad Bar Available Every Day

Potato Wedges, Peas & Sweetcorn

Rice & Salad Bar (0)

**Roast Potatoes Broccoli, Carrots** & Gravy (0)

Sweetcorn (O)

Available daily

Chips Peas or Beans (O)

# **OVEN ROASTED** JACKET **POTATOES**

Available daily with a choice of: Cheese (M), Beans (O) or

Tuna (F,E)

**(O)** 

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Tuna (F,E)

with a choice of: Cheese (M), Beans (O) or Tuna (F,E)

В

**GLUTEN FREE OPTION AVAILABLE** ON REQUEST

### **PUDDING**

Yoghurt (M) and Fresh Fruit (O) **Available Every Day** 

Puddings with custard (M)

**Banana Bread** (**G**,**E**)

Apple & Peach Crumble (G)

Fruit Platter (0)



Vanilla Shortbread (G)

**Swirl (M)** 

Vanilla &

Strawberry

